

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD

REGULAR MEETING

February 18, 2003

Members Present: Joan Clement, Nancy Code, Pam Detrick, Roger Goodman, Jim Harbaugh, Bob Seidensticker, Yasmin Smith, Kim Murrillio (pending executive approval)

Members Excused: Linda Brown, Scott Strawn

Staff Present: Geoff Miller, Rose Soohoo, Jim Vollendroff

Guests Present: Gerry Coughlin, Alcohol-Drug 24-Hour Helpline; Ken Nicholas, CPC-Bridgeway Recovery Program; Paula Fredricks, Friends of Youth; Tom Bristow, Kelly Evans, King County Lobbyist

Board Vice Chair Nancy Code convened the regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) at 12:05 pm. The meeting was held at the conference room of the Dutch Shisler Sobering Service Center.

I. INTRODUCTION

Everyone was asked to introduce him/herself.

II. REVIEW/APPROVAL OF MEETING MINUTES

Bob Seidensticker made a motion, which was seconded by Joan Clement to approve the January 21, 2003 meeting minutes as submitted. The motion was unanimously approved.

III. CHAIR'S REPORT

Board Vice Chair Nancy Code presided the meeting in place of Board Chair Linda Brown, who was stranded on the East Coast due to severe weather. No Chair's Report was given.

A. Membership Update

Kim Murrillio attended as a prospective Board Member. Kim is a former executive director of Stonewall Recovery Services and is now working for King County Housing Authority.

Roger Goodman moved to approve Kim's application for Board Membership; Bob Seidensticker seconded and the motion was approved by all members

present. The application and board approval will be forwarded to council for their action.

It was noted that there are several other applications for board membership that should be ready for board action during the next few months. Nancy Code thanked the board members for their efforts in recruiting new board members.

B. Board Liaison Reports

Nancy Code noted that the Children and Family Commission (C&FC) held a retreat to plan the focus for the coming year. She also noted that she will attend the next Outpatient Adult Provider's Meeting.

Joan Clement reported that on the last Chronic Populations Action Council's (CPAC) meeting, discussions focused on jail and corrections options, including mergers of city and county drug courts.

Tom Bristow, King County Lobbyist, provided an update on the current legislative advocacy and introduced Kelly Evans. Kelly Evans is a lobbyist for King County Department of Community and Human Services. Tom noted that the legislature is still working through the budget shortfall. Tom also noted that HB1255 modifying the beer excise tax appears to be dead for this legislative session.

On the topic of the budget shortfall and the governor's budget, Tom noted that the Governor's budget cuts all programs to some extent and that the House budget, due out in late March, will probably use the same framework as the Governor's.

The Board discussed the issues facing the Mental Health Budget, the potential loss of TANF funding which would impact the King County Assessment Center and treatment services to parents with children. Tom and Kelly both encouraged the board to remain active and continue to contact legislators on the importance of both chemical dependency and mental health. In addition, both lobbyists encouraged the board to speak specifically about the need that sentencing reform dollars not be used to supplant existing funding.

Joan Clement moved that the Board send a letter, prepared by Kelly, addressing budget issues and linking cuts in treatment to additional unnecessary spending. Roger Goodman seconded the motion and it passed unanimously.

Roger Goodman said that the next Legislative Advocacy and Public Affairs Committee meeting is scheduled on February 26th. At the last meeting, the committee discussed the 2003 Action Plan for legislative advocacy and outreach.

C. Board Liaisons for Youth & Adult Providers Meeting

The Adult Providers Meeting is held every third Wednesday of every other month (February, April, June, August, October & December) at 9:00-10:30 am, followed by ADATSA/Residential Providers Meeting at 10:30-11:30am at the Exchange Building Conference Room 6A. Youth Providers Meetings are held every third Wednesday of every other month (January, March, May, July, September, & November) at 10:00am –12noon. The providers rotate hosting the meetings.

IV. ALCOHOL/DRUG PROGRAM COORDINATOR'S REPORT

Jim Vollendroff apologized for not doing an E-memo for this month due to an emergency surgery he underwent over the holiday.

Jim provided a copy of the *Criminal Justice Mental Health and Drug and Alcohol Community Treatment System – Request for Technical Assistance*. that has been recently completed in final draft. Jim reviewed the highlights of the request and the desire of Department Director Designee Jackie MacLean to meet with the Board Members to discuss criminal justice issues.

The Sentencing Reform Plan was submitted. The next step, Jim explained, is the submission of a response to the RFP. Jim stated that additional information would be available by the next board meeting.

Geoff Miller gave an update on the CD Report Card. He indicated that the verification of the data in the TARGET system and the development of an internal database that would make management reports on treatment activities possible is nearly complete (Phase I). The initial prototype has been reviewed by IS.

Jim Vollendroff stated that the update to the Chemical Dependency Needs Assessment is in process and that criminal justice will be a new section of the plan.

Rose Soohoo provided an update and reports on the King County Assessment Center. As she reviewed the graphs, it was noted that January's activities were lower. Rose explained that January has two holidays which reduces the work time available and this past January also saw a sick and vacation time of approximately 200 hours, further reducing the available time for assessments and placements.

Title XIX will now allow the billing of Case Management. This change became retroactively effective July 1, 2002 even though the final approval was announced recently. We will not be allowing to bill Case Management to Title

XIX until July 1, 2003 due to the fiscal impact of starting before that time. We have allocated all of our funds for this biennium.

V. AGENCY BOARD PRESENTATION

A. Friends of Youth

Paul Fredricks, Clinical Supervisor of Friends of Youth, stated that the facility has been in operation for many years and includes both mental health and chemical dependency treatment. About 70 percent of the youth that are seen have a co-occurring chemical dependency and mental disorder.

Friends of Youth (FOY) services the more rural areas of east and northeast King County. This includes a treatment site at Duval and lots of coordination with the schools.

FOY serves approximately 600 clients per year and there are presently 95 clients in chemical dependency treatment at the present time. In addition, the chemical dependency prevention programs will have approximately 1000 youth actively engaged in prevention activities.

Yasmin Smith asked if any transition living was available for teens through FOY. Paula responded in the affirmative. FOY works with housing providers to do what it can to assist. However, she also noted that housing was and always has been a difficult issue due to short supply of available housing units.

Roger Goodman asked about the age of consent and the need to address family issues as part of counseling. Paula agreed that engagement of the family in the recovery process was important regardless of the age of the youth in treatment.

Roger also asked about the pharmacotherapy and how involved was FOY in the use of psychotropic drugs to assist with treatment. Paula noted that when the full evaluation indicates a referral to their psychiatrist this is done to confirm the diagnosis and, as necessary, prescribe medications.

There being no further business, the meeting was adjourned at 1:25 p.m.

Prepared by:

Geoff Miller
Acting Recording Secretary

Attested by:

Linda Brown
Linda Brown
Board Chair

GQM:RAN:ran